



## STENSHULT MISSION REPORT

### Educating for Eternity

By Jay Krueger

Much in our lives revolves around education. Poor people, as well as rich people, know that without “education” it will be difficult to be “successful” in this temporal world. What about the possibility of eternal life and the preparation for it? Should that not be taken into consideration while we are living our short lives? A “good education” secures a job, wealth, a home, and often prestige; yet it does not necessarily guarantee a family that functions properly, pure morality, or holy motives. And what does it offer beyond the grave?

For the Christian the basis of all true education is the Word of God. The Bible not only educates for the temporal, but also emphasizes the eternal. It takes into consideration the physical, mental, and moral needs of man. It qualifies men and women to be the most loving, just, productive, content, and noble citizens of earth. Furthermore, it lays out the requirements for eternal life and provides the means to achieve it.

We read of the results in Jesus’ life as a boy: “And Jesus increased in wisdom and stature, and in fa-

your with God and man.” Luke 2:52. As Jesus’ parents trained Him from the Scriptures, He developed mentally, physically, spiritually, and socially. Thus, He was equipped to serve God faithfully in all duties. Moreover, He was qualified to serve His parents and family, His neighbors and community, in the simple, practical affairs of this life. Another example of proper training from the Bible is the life of Timothy, who was taught the Scriptures from childhood. Through the influence of his grandmother Lois and his mother Eunice, Timothy developed a pure faith and wisdom that made him a blessing in this life and prepared him for the life to come. Other examples include Hannah and Samuel, David, Daniel, and John

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### STENSHULT

Stenshult Health & Mission Center is operated under International Institute of Health & Education, a Swedish-based ministry of Seventh-day Adventist laymen. Our goal is to use Stenshult as a means to proclaim the everlasting gospel of the three angels' messages (Revelation 14:6-12) and to prepare a people to meet their soon-coming Lord.

#### Bank information

Bank's Name: Mjölback's Sparbank  
Account Name: International Institute of Health & Education  
Account nr: 8222-2, 14 008 844-4  
IBAN: SE2580000822220140088444  
Swift code: SWEDSESS

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the Baptist.

In ancient Israel, further opportunity was provided to instruct the youth through the establishment of the schools of the prophets by Samuel. These were "to serve as a barrier against the widespread corruption, to provide for the moral and spiritual welfare of the youth, and to promote the

future prosperity of the nation by furnishing it with men qualified to act in the fear of God as leaders and counselors." *Patriarchs and Prophets*, p. 593. Pious, devout, and willing young men were sought out to become the pupils of the schools. They were not to be a burden to society but were to support themselves through agriculture and practical trades. This type of work was not degrading in Israel; on the contrary, those who could not complete practical tasks were seen as lacking education. Through the study of God's law, sacred history, music, and poetry, these young men were brought into contact with God's leading of the past, His divine purpose for Israel's existence, and the methods with which they could fulfill God's will in their own lives.

Today, over three thousand years later, the cry for schools of the prophets is still heard and growing louder. Education based solely upon the Bible is an imperative today to help stop the tiding corruption entering into our church and the world, to give moral and spiritual guidance to our vulnerable youth, and to promote the future prosperity of the Gospel's finishing work.

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*"The purpose of education  
is to glorify God."*

*Advocate, February 1, 1902 par. 11*

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## Progress, One Step at a Time

*By Margit Bavnhøj*

Before the health guests arrived in February a lot of practical duties needed to be accomplished. We thank God for His help and blessings in this work with thoughts, preparations, and prioritizing the time and work.

A new toilet with a shower is almost finished in the barn for the health guests. Over the new year holiday the work was very intense, and it has been continuous subsequently. It was necessary to install water, and a temporary connection of the sewer is the solution for the sewage now.

In the barn a new treatment room has been arranged. Now there is a bathtub for the fever baths. The sauna is changed, and instead there is a cabin for steam baths in the room. Both rooms are painted, and they are much nicer and brighter now.

The wind has been blowing a lot this winter, and some trees have fallen in the storm. There are still some trees across the small paths. Both axe and saw have been used, so it is possible to pass in the best way. The storms also caused Stenshult to be without electricity several times and also without telephone and internet for 10 days.

The indoor computer work is also moving forward. The Stenshult brochure is now in 4 lan-

guages: Swedish, Danish, German, and English. A packet for the application is also ready now and includes an application form which is to be filled out before the health guests arrive, information for what a stay at Stenshult contains, and the practical information which the health guests must know before their stay. The website is updated and expanded with more information.

Some smaller tasks, but not less important, like putting up shelves indoors are also completed; one for the shoes, because there are many pairs of shoes and boots now; a cupboard in the kitchen only for teas and herbs which are used for the health center; and a big cupboard for the bedclothes in the cellar. It makes it all easier for the new persons, Jenny, Beathe and me, at Stenshult to establish order, for example, with the herbs. Furthermore, we are thankful and feel that we were welcome in the practical way too, since there were rooms prepared for us, and we could move in and unpack already the first day we arrived.

We are so grateful that God helps in every way, that God sends His protecting angels for this work which is carried out in His name and for His glory.

## **Health and Gospel Work in Kenya**

*By Joachim Broegaard*

“Jesus, Jesus... Jesus.” These words were repeated with increasing volume from all directions, as the bus was swaying from side to side. A few seconds later the bus flipped over with a great force and landed on the opposite site of the road. Immediately I was waiting to hear screaming and crying and to see blood. But everything was relatively calm, and later I realized more how powerful the name of Jesus is, as I was told how these kinds of accidents always end with several dead and wounded victims. My friends, Shiege and Brian, and I were on our way from Nairobi to Mombassa, Kenya. We had already felt the devil’s attack as we had been delayed several days, waiting for luggage and books to arrive. And now



we realized in an even stronger way the means used by the kingdom of darkness to hinder us in our work for God to reach our goal for this mission trip. Our aim was threefold: To preach the everlasting gospel contained in the three angels’ messages, to present the fullness of the health message, and to teach how to study the Scriptures in a manner that will make one wise unto salvation.

Mombassa, which was our first

destination, is the second largest city in Kenya. We spent part of our time there visiting with a small group of young, faithful Bible workers. Most of these had only known the truth for a year or two themselves. It was a blessing to see and hear about the change of life in these young people.

Fred is one of the Bible workers. He came from a Baptist background when he attended our Bible training school a little more than a year ago. He was one of the brightest and most faithful of the students we had, as he came

day by day to learn how to study the Bible and how to understand the prophecies. When the Sabbath question came up, Fred knew all the general objections to Sabbath-keeping.

Since he was sincere and was learning how to study, rightly dividing the Word of truth, he clearly saw that the seventh day is still the Sabbath and should be kept holy. He started keeping the Sabbath regularly and was baptized several months later. His first work started in his own family, and he began to home-school his two children; and he also started to live out the health reform. He began door-to-door Bi-

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## The Children's Corner

By Beathe S. Barndorff

Dear friend! I do not know where you are right now, while you are reading this. Perhaps, you are sitting in the kitchen at the table on a little wooden chair or sitting in a large cushioned chair in the living room. I am sitting right in front of the window, and what do you think that I can see outside? It is something beautiful and living and something God, in His great love, has created. It is something that makes people happy to look at and to be in; and it reminds us that God exists and is full of imagination and love when we examine it or move around in it. Can you guess what it is?...I am sitting and looking out into God's wonderful and beautiful nature! From here I am able to see two large fir trees with pinecones. Rays of sunlight are falling onto the branches. It is cold today. Minus twelve degrees Celsius, and there is frost on the lawn. In the Bible we are able to read about how God created heaven and earth and about how the earth was first empty and barren with God's Spirit hovering over the waters. Another time I will attempt to tell you a little more about God's Spirit from what

***“When Jesus lived and walked upon this earth, He often told stories about nature.”***



I myself have read and learned from the Bible.

When Jesus lived and walked upon this earth, He often told stories about nature. Jesus knew that when He told people stories about nature—about its flowers, trees, fruits, and grains—they were better able to understand that which He yearned to say to them. Maybe, you can draw some drawings of that which you think is beautiful in nature. Send them to us, and we will hang them up here on the wall in the room where we sit. Perhaps, when you come to visit us, you will see the drawings hanging here.

What did God create on the third day? What did He create on the sixth day? What did God give man the right to have dominion over? If you do not know that, you can read with your parents in Genesis 1:26. What did God ask mankind to do (Genesis 1:28), and what did God give mankind to eat (verse 29)?

Answers from SMR autumn 2006:

(1) Ephesians 6:16, “Taking the shield of faith.” (2) Psalm 119:11 says that we are to hide God's word in our hearts.

# **Restoration through God's Plan**

*By Jenny Müller*



The following is an interview of one of our health students, Helmut Lasch from Germany.

## **How did you enjoy your stay here at Stenshult?**

The past years were a time of suffering because of taking many psychoactive drugs, which I had to take for 15 years. Often the problems were worse than at the mental hospital. This difficult time is now over because of my stay during the eighteen-day cleansing program here at Stenshult. Now I feel physically much better. After the massage, I was even able to move better during the walks. For the first time I have comfort and realize what it means to have good health. In the last 30 years, and since I was 28 years old, my body had always been overburdened. Through this wonderful experience here, I have also been strengthened very much in my faith.

## **How would you describe your experience here?**

In summarizing, I would say for the first time that I have experienced in such a wonderful way God's mercy to my body, since I took the medicine for 15 years. I stopped with five different kinds of psychoactive drugs in 2004 at Mittelsinn. There the brethren

prayed for me, and I became free from my occult burden. By God's grace I was able to stay free, though it was very difficult. One of these kinds of psychoactive drugs is called "Cyprex", and before this I also took for many years "Leponex", one of the strongest psychoactive drugs. My physicians never believed that someone could stop using these drugs, since they had never experienced such a case like mine before.

## **What was the most important experience for you?**

Many years I was living very much isolated from my fellowmen. I was able to overcome this isolation through the fellowship here at Stenshult and the wonderful experience God gave me. I always knew that God loves us, but dur-

### **Stenshult Home Kitchen**

*Presents:*

#### **Pea Dressing**

2 dl frozen or fresh peas  
1/2 dl cashews or sunflower seeds, finely ground  
1/2 - 1 tsp salt  
1/4 tsp rosemary, oregano or thyme  
1/4 tsp onion powder  
3 dl warm water (approx.)

Pour everything into the blender and blend until smooth.  
(Begin, as always, with just a little water.)  
The dressing should be served cold.

ing these days I recognized that I am able to love God too because I am so thankful for everything.

### **Was it difficult for you to fast?**

Not at all. Thanks to God. That was also a special experience.

### **How well did you enjoy the therapies?**

I enjoyed very much the massages and salt rub. The salt rub I also want to make at home.

### **What will you take home with you?**

We had some cooking demonstrations here, and I learned how to make vegan spreads and milk from nuts and grains. These recipes I will take home with me and use them. (Later, Helmut bought a 500-watt blender for only 6 Euros.)

### **Do you want to change anything in your daily life?**

It has always been my desire to obtain more knowledge about nutrition, and this request is now fulfilled. I will use more flaxseed in the future. I received poultices for my arthritic knees. The poultices were made from clay, mixed partly with different ingredients, such as cabbage. I want to continue to make these poultices at home because I feel a relief through them.



*Greetings from Stenshult Staff*

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ble work with another young Bible worker. As I heard his story I felt ashamed, realizing how slow we are in my part of the world to follow the light we have had and claimed to believe for many years.

After the much too short week we spent in Mombassa, we took the bus back to Nairobi and then headed west to Kissii.

The eight days we spent in this area went by very fast. In the afternoons we were at the local Seventh-day Adventist church, where each of us gave lectures. The topics were the health message and medical missionary work, how to study the Bible, and the prophecies in Revelation 12 – 14.

Other highlights from this part of our trip were that we learned of three different families who had dedicated themselves to the health work. Furthermore, they had already started in various ways to put their plans into action.

Please, keep these brethren in your prayers as the Holy Spirit reminds you. May the Lord help us also to have far-reaching goals for our own families in our own areas, and may He grant us the grace to act upon what we decide.

# A Message of Health and Hope



Stiftelsen International Institute of Health & Education  
Stenshult 1 • 511 95 • Öxabäck • Sweden  
tel. & fax • +46 (0) 320 56144  
mobil • +46 (0) 707 782257  
email • [stenshult@gmail.com](mailto:stenshult@gmail.com)  
website • [www.stenshult.org](http://www.stenshult.org)

To:

## Upcoming Events 2007

25 March, 29 April, 3 June 20 – 22 April	Health Courses begin Spring Bible Conference Daniel & Silvia Pel Need for volunteers Wedding: Jay & Beathe Summer Bible Conference David Kang, Margaret Davis Bible / Health school
20 May – 1 June, 9 – 29 July 29 June – 1 July 30 July – 5 August	
2 September – 1 November	